

# Savings challenged? Create a budget

It doesn't take huge lifestyle adjustments to find money to save for retirement—just a little discipline, sensible planning and some new habits. Think about the relationship between your paycheck and your expenses in a new way: Divide your paycheck into three piles labeled "Yesterday," "Today" and "Tomorrow."

## Yesterday

#### Student loans, car payments, credit cards

Dealing with yesterday's expenses:

- Make paying off debt a high priority
- Pay off credit cards with highest interest rates first
- Consolidate debt where practical

## Today

## Shelter, household expenses, clothing, transportation and healthcare

Save the most money in the shortest amount of time:

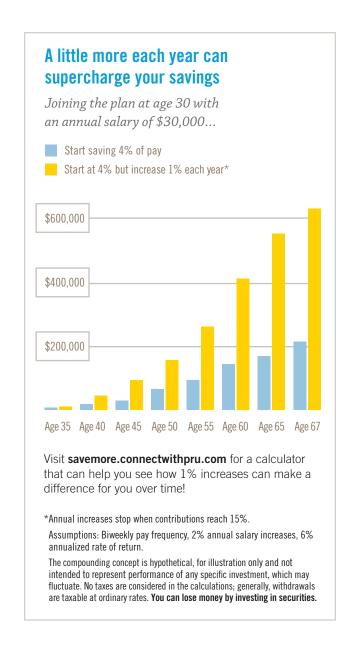
- Commuting costs
- Utilities
- Dining expenses
- Reduce credit card usage
- Shop smart—reduce, reuse, recycle

#### Tomorrow

#### Saving for retirement, college, wedding, vacation and healthcare

Dealing with tomorrow's expenses:

- Increase retirement savings.
- Take advantage of employer matching contributions.
- Increase savings toward college or a vacation.

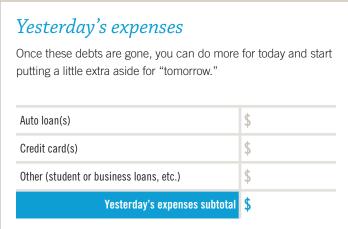


## Your budget worksheet

#### Sharpen your pencil and see how you're doing

To save for your future, it can help to compare your income and expenses. Use these worksheets to create a budget by itemizing your spending habits. You can get some of this information from your checkbook, credit card statements, receipts, etc. Don't forget impulse buys like fancy coffees, snacks, magazines—you may be surprised by how small purchases can add up.



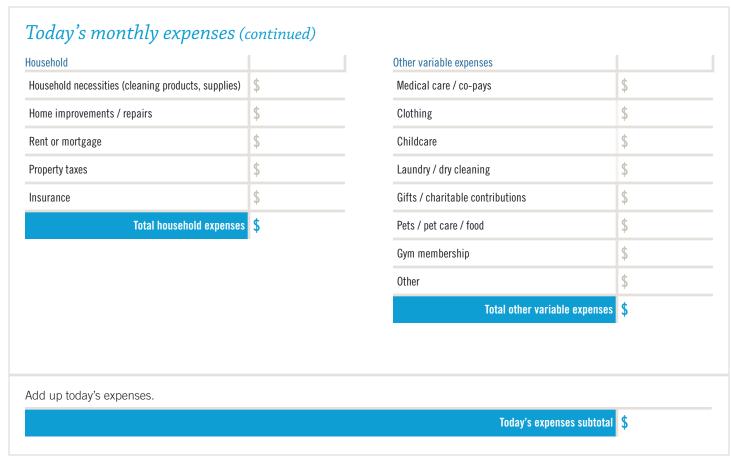


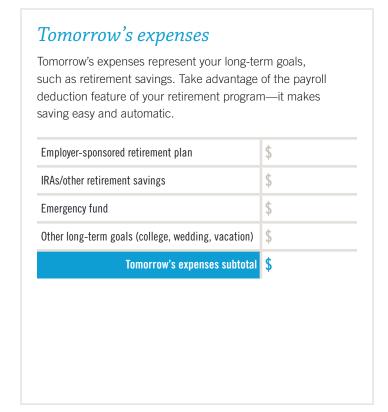
## Today's monthly expenses

Here's where small changes can have a big impact. Bring your lunch to work instead of eating out. Buy an off-lease/used car instead of a new one. Have coffee at home rather than at an expensive café. There are lots of ways to save a little money, and they all add up.

Food	
Groceries	\$
Dining out	\$
Prepared food / snacks / soda / coffee	e, etc. \$
Total f	ood expenses \$
Jtilities	
Electric	\$
Gas	\$
Water	\$
Garbage / sewer	\$
Cable / satellite TV / internet	\$
	\$
Phone	Þ

ehicle costs (gasoline, maintenance, repairs)	\$
ransportation (public, taxis, etc.)	\$
nsurance	\$
Total transportation expense	\$
ntertainment	
ntertainment Entertainment (movies, sporting events, other)	\$
	\$
Entertainment (movies, sporting events, other)	







If you have a surplus, congratulations and keep up the good work! Consider using part of that surplus to increase your retirement savings. If you have a shortfall, see where you can make some changes and save some money. Modest adjustments to your day-to-day spending habits can go a long way toward helping you reach your financial goals.

### For more information

For 24/7 account access and transactions, register or log in at **prudential.com/online/retirement** on your computer or mobile device, or call **877-PRU-2100** (877-778-2100).

Learn if you're doing enough for your future with Prudential's Retirement Income Calculator. Look for it after you log in to your account.

For personal assistance, call us at **877-PRU-2100** (877-778-2100) Monday through Friday, 8 a.m. to 9 p.m. ET, to speak with a representative.

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